Estia Health

Westbourne Park



Contemporary care in Adelaide's leafy inner south



Estia Health Westbourne Park is a modern and welcoming home where residents are supported to live with comfort, dignity and independence. Light-filled interiors, thoughtfully designed communal spaces and welcoming outdoor areas create an inviting environment for residents, families and visitors.

The experienced team takes the time to understand every resident as an individual, providing personalised support across clinical care, wellbeing and daily living. Fresh meals prepared onsite, comfortable accommodation and a genuine sense of community help residents feel at home from the moment they arrive.

The home offers a variety of opportunities to stay active and connected, from enjoying lifestyle activities and community events to spending time with family in the café or relaxing in welcoming shared spaces. Residents can access short-term respite care or long-term care in an environment that supports confidence, independence and quality of life.





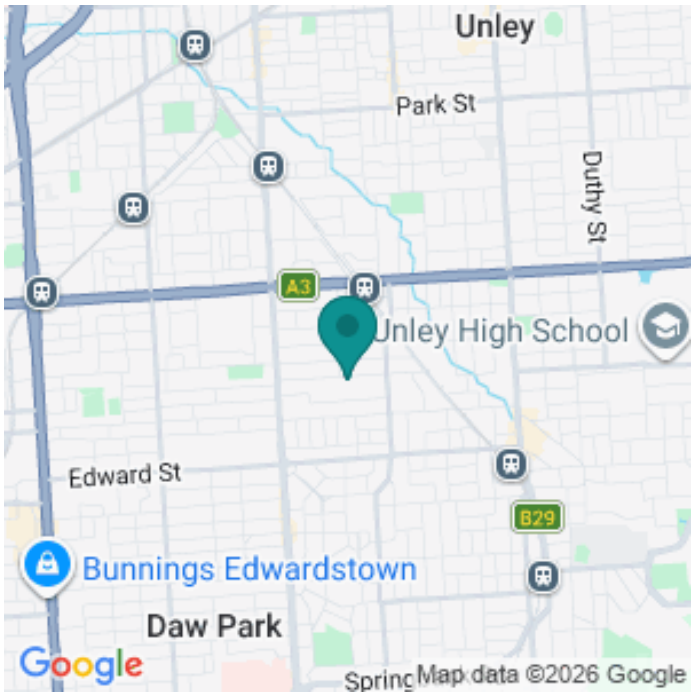
Care services

- Emergency care
- Short-term respite care
- Long-term care
- Dementia care
- Palliative care

Home features

- Memory Support Unit with garden and courtyard
- Cafe
- Communal areas
- Onsite chapel
- Library
- Secure entry and exit
- Tea/coffee making facilities
- Piano
- Hairdressing salon
- Communal TV room
- Games/concert room
- Landscaped courtyard
- BBQ Area
- Communal alfresco dining with shade/cover
- Garden views
- Onsite visitor parking

Location



"Thank you very much for taking good care of me while I was a resident at Estia Health. I appreciate your support, encouragement and services given. Thank you for the homes available, you have made my stay here comfortable and pleasant."

Resident,

Room information

Premium Single Room
Refundable deposit: $750,000
Or daily payment: $174.86

Single room | Private ensuite | 21.35 sqm

Designed for enhanced comfort and privacy, this single room features a private ensuite, quality furnishings and inviting interiors. An east or west facing aspect welcomes natural light, while garden or district views provide an appealing outlook.

Enriching and celebrating life together

Estia Health Westbourne Park
56 Monmouth Road, Westbourne Park, SA, 5041
Existing Resident enquiries: 08 7088 2200
New Admission Enquiries: 1300 682 833

Some residents may be eligible for full or part subsidy of the accommodation fees. Please contact our Customer Enquiry Centre on 1300 682 833 to learn more.

Estia Health makes every effort to ensure that information is correct at the time of publishing. This brochure was prepared on 16/11/2026. Room images shown are for illustrative purposes only and may not be an exact representation of the room. Refundable deposit and daily payment pricing apply to each individual.