Estia Health

Trott Park



Contemporary aged care with scenic Adelaide surroundings



Estia Health Trott Park is a welcoming home in Adelaide's south, offering spacious surroundings, beautiful gardens and comfortable living spaces designed to help residents feel at home. With scenic outlooks, inviting communal areas and an onsite café, there are plenty of opportunities to socialise, relax and spend time with loved ones.

Our experienced team provides personalised support tailored to each resident's needs, including clinical care, hospitality services and everyday wellbeing. Fresh meals are prepared onsite and enjoyed alongside a warm, community-focused environment where residents are encouraged to remain active and engaged.

Residents can make the most of the home's generous communal spaces, enjoy meaningful lifestyle activities or connect with family and friends over a coffee in the café. Support is available for both short-term respite care and long-term care, with care tailored to individual goals, preferences and needs.





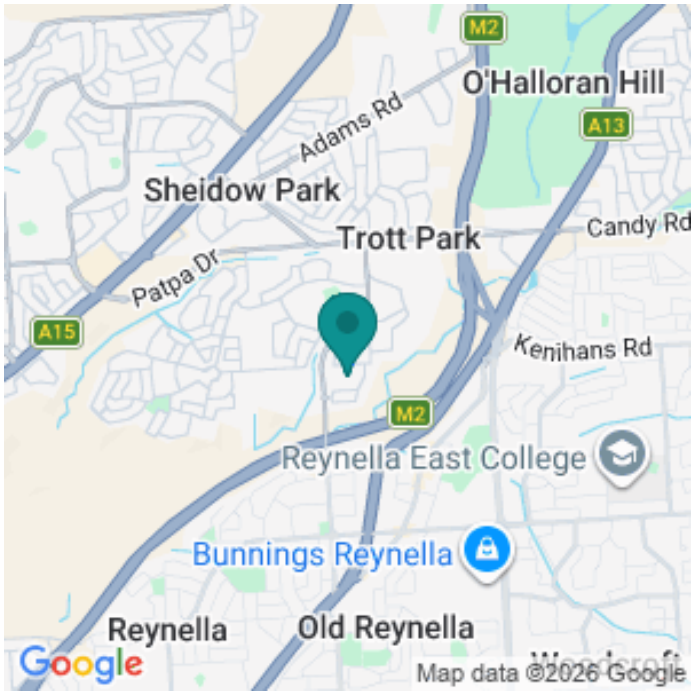
Care services

- Emergency care
- Short-term respite care
- Long-term care
- Dementia care
- Palliative care

Home features

- Memory Support Unit with garden and courtyard
- Cafe
- Communal areas
- Private dining room
- Onsite chapel
- Library
- Secure entry and exit
- Fireplace
- Gym room with equipment
- Piano
- Hairdressing salon
- Communal TV room
- Games/concert room
- Garden with sensory features/planting
- Landscaped courtyard
- Landscaped garden
- BBQ Area
- Communal alfresco dining with shade/cover
- Balconies
- Outdoor entertaining areas
- Raised garden beds, planters or pods

Location



"To say ''thank you" does not seem to be enough for all the care, affection and friendships shown and more than I could have wished for when I first enquired about respite care. Your employees should be commended for all their hard work and the compassion they show all the residents."

Family member,

Room information

Premium Single Room
Refundable deposit: $650,000
Or daily payment: $151.55

Single room | Private ensuite | 20 sqm

Combining comfort, privacy and thoughtful design, this single room features a private ensuite and quality finishes throughout. Natural light and district views create an appealing and relaxing place to call home.

Enriching and celebrating life together

Estia Health Trott Park
4 Kangaroo Thorn Road, Trott Park, SA, 5158
Existing Resident enquiries: 08 8329 2401
New Admission Enquiries: 1300 682 833

Some residents may be eligible for full or part subsidy of the accommodation fees. Please contact our Customer Enquiry Centre on 1300 682 833 to learn more.

Estia Health makes every effort to ensure that information is correct at the time of publishing. This brochure was prepared on 16/11/2026. Room images shown are for illustrative purposes only and may not be an exact representation of the room. Refundable deposit and daily payment pricing apply to each individual.