Estia Health

Little Bay



Welcome to Estia Health Little Bay, part of our family of aged care homes located in Sydney's Eastern Suburbs



Nestled within our 140-year-old heritage gardens with coastal views, our home offers 24-hour clinical care within a secure environment designed to enhance independence and wellbeing.

Our dedicated team of experienced clinicians, carers and hospitality teams look after all aspects of our residents' care, including clinical, social and overall wellbeing, which can be accessed for short-term respite care or a longer stay. Our specially designed Memory Support Unit provides specialised dementia care and support in a safe, understanding environment.

Daily life is enriched through our engaging lifestyle program. From dance and fitness classes to art therapy and gardening, each activity is purposefully designed to promote physical wellbeing, cognitive stimulation, and meaningful social connections.
Estia Health Little Bay offers a supportive community where residents can enjoy quality care in a home-like setting.





Care services

- Emergency care
- Short-term respite care
- Day respite care
- Long-term care
- Palliative care
- Reablement care

Home features

- Cafe
- Communal areas
- Library
- Secure entry and exit
- Piano
- Hairdressing salon
- Communal TV room
- Games/concert room
- Landscaped courtyard
- Landscaped garden
- BBQ Area
- Communal alfresco dining with shade/cover
- Outdoor games area
- Balconies
- Outdoor entertaining areas
- Raised garden beds, planters or pods
- Sea views
- Garden views
- Onsite visitor parking

Location



"We spent a lot of time looking around for the right kind of care for my mum. These guys are great - caring, friendly and they listen. Keep up the good work guys. "

Family member,

Room information

Superior Single Room

Refundable deposit: $2,032,555
Or daily payment: $473.89

Single room | Private ensuite | 27.8 - 30.4 sqm | Air con.

This single suite offers a comfortable and private space to call your own, with a private ensuite bathroom, soft furnishings, and the ability to add your own personal touches. A large east-facing window maximises the ocean view.

Premium Single Room

Refundable deposit: $1,929,487
Or daily payment: $449.86

Single room | Private ensuite | 27.7 - 29 sqm | Air con.

This single room offers a comfortable and private space to call your own, with a private ensuite bathroom, soft furnishings, and the ability to add your own personal touches.

Deluxe Single Room

Refundable deposit: $1,319,791
Or daily payment: $307.71

Single room | Private ensuite | 24.2 - 28.9 sqm | Air con.

This single room offers a comfortable and private space to call your own, with a private ensuite bathroom, soft furnishings, and the ability to add your own personal touches.

Classic Single Room

Refundable deposit: $1,253,367
Or daily payment: $292.22

Single room | Private ensuite | 22.7 - 28.3 sqm | Air con.

This single room offers a comfortable and private space to call your own, with a private ensuite bathroom, soft furnishings, and the ability to add your own personal touches.

Enriching and celebrating life together

Estia Health Little Bay
1420 Anzac Parade, Little Bay, NSW, 2036
Existing Resident enquiries: 02 8197 6100
New Admission Enquiries: 1300 682 833

Some residents may be eligible for full or part subsidy of the accommodation fees. Please contact our Customer Enquiry Centre on 1300 682 833 to learn more.

Estia Health makes every effort to ensure that information is correct at the time of publishing. This brochure was prepared on 21/11/2026. Room images shown are for illustrative purposes only and may not be an exact representation of the room. Refundable deposit and daily payment pricing apply to each individual.