# Estia 🍳 Health

Forster



## Welcome to Estia Health Forster, one of our aged care homes located on the Mid-North Coast of New South Wales

Estia Health Forster is a welcoming home in the charming seaside town of Forster. Set back from the main road, close to shops and with a bus stop at the door, the home sits among tranquil landscaped gardens which overlook the neighbouring lake.

The experienced clinicians, carers and hospitality teams look after all aspects of a resident's care, including **clinical**, social and overall wellbeing and offer **dementia** and **palliative care** services, which can be accessed as **short**-



**term respite care** or for a **longer stay**. The home's Memory Support Unit provides a safe and supportive environment for residents requiring additional support.

All rooms are spacious single rooms with ensuite and the single level home has a number of comfortable communal areas residents make the most of, with daily **activities** and visiting entertainers. The extensive landscaped gardens are used regularly by residents, their family and visitors for alfresco dining. Other features of the home include a very popular cafe, cinema, chapel holding regular services and gym room utilised by visiting allied health professionals.



#### Care services

- Emergency care
- Short-term respite care
- Long-term care
- Dementia care
- Palliative care

#### Home features

- Private dining room
- Onsite chapel
- Library
- Wellness centre
- Memory support unit with garden
- Hairdressing salon
- Theatre/cinema room
- Landscaped garden
- Onsite visitor parking

#### Location



"The amazing outcome my parents and I have received is much more than we could have ever hoped for or was expecting."

Family member, Son

### **Room information**

#### Single room

Refundable deposit: \$600,000 Or daily payment: \$127.89

Single room

🎦 Private ensuite 🛛 🖊 17 sqm

Air con.

This single room offers a comfortable and private space to call your own, with a private ensuite bathroom, soft furnishings, and the ability to add your own personal touches.

## Enriching and celebrating life together

Estia Health Forster 105 The Southern Parkway, Forster, NSW, 2428 Existing Resident enquiries: 02 6555 5699 New Admission Enquiries: 1300 682 833

Some residents may be eligible for full or part subsidy of the accommodation fees. Please contact our Customer Enquiry Centre on 1300 682 833 to learn more.

Estia Health makes every effort to ensure that information is correct at the time of publishing. This brochure was prepared on 15/07/2025. Room images shown are for illustrative purposes only and may not be an exact representation of the room.