Family and Friends User Guide

Introducing Estia Health Connect

A free app to help you stay connected with your loved one living in an Estia Health home.

Information in one easy place on your mobile phone. You'll be able to stay connected with life in our homes, receive the latest COVID-19 advice, provide feedback and easily contact Estia Health.

Purpose of this guide

Please use this guide to help you download and log into Estia Health *Connect*, and understand the features available to you in the app.

If you have difficulty logging in to the app or experience other technical difficulties, please visit <u>estiahealth.com.au/connect</u>.

If your questions can't be answered, you can complete a technical help form and one of our team will assist you to successfully access the app.

Downloading the app

Estia Health *Connect* is available to download from the Apple or Android stores and is available on model 7 and above smartphones and tablets.

To download the app:

- 1. Scan the QR code or search for 'Estia Health Connect' in the App Store or on Google Play and download it.
- 2. You can also visit <u>estiahealth.com.au/connect</u> and follow the links to the Apple and Google play stores to download the app.
- 3. Once the app has downloaded, you can then open the Estia Health *Connect* app on your phone or tablet.

Apple, App Store and the Apple logo are trademarks of Apple Inc. Google Play and the Google Play logo are trademarks of Google LLC.

It's easy to log in with your mobile number

To log in to the app:

- 1. Once you have downloaded and opened the app, enter your mobile number and click 'Next'.
- 2. You will then be sent a 6 digit security code as an SMS message.
- 3. Enter this 6 digit code and click 'Verify'.

You will then be logged into Estia Health *Connect* and can use the app.

By logging in you agree to the Privacy Policy. If you'd like to view the privacy policy click on the link on the screen where you enter your mobile number or visit <u>estiahealth.com.au/privacy-policy</u>.

If ever you log out of the app, when you log back into the app you will be sent a new 6 digit security code. You will receive this security code as an SMS message. Enter this security code to access the app.

There is no need to log out of the app. If you stay logged in you can receive important notifications from the home.







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Estia 🍳 Health

Overview of features



Life at Estia Health

See what's happening in our homes and even message a resident using the + icon to add a post. It will be private to only your loved one and their family and friends using the app.



Recent Updates

View the latest updates related to COVID-19 and view latest resident meeting notes.



Lifestyle Program

View and download the current monthly program of engaging lifestyle activities in the home.



Menu

View and download the current menu in the home or create a meal from the recipe book.



Address Book

Individuals who can view the app for the resident are noted in the address book. Only certain users will see this address book tile and be able to add contacts from their phone contact list.



Feedback

You can send us your general feedback or complete a survey or review. You can even recognise an employee.



Contact Us

Contact or message the home, details for Accounts can be found here and you can also read about the different roles in the home.



Support Resources

Easy access to a number of support resources to assist you.



App Help

Supporting you with technical help and frequently asked questions.



My Notifications

See all the activity on the app for your account.





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Overview of features ... Continued

Recent Updates



Australian Gov. COVID Advice

Review the current Australian Government COVID-19 advice.



State Gov. COVID-19 Updates Review the current Department of Health COVID-19 situation and case numbers.



Resident Meeting Notes Read the minutes from the latest resident meeting, if applicable.





Menu



Current Menu

View the current menu in the home.



Estia Health Recipe Book

Create a meal from the recipe book that our chefs use to make nutritious and delicious meals for our residents.



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Overview of features ... Continued

Feedback



General Feedback

Send us feedback via our feedback form.



Google Review

Submit a Google review to share your experience with others.



Facebook Review

Submit a Facebook review to share your experience with others.



Family Experience Survey

Complete the Family Experience Survey which informs us about specifics we need to improve upon.



Recognise an Employee

Recognising outstanding employees is important at Estia Health. If you notice an employee who deserves special recognition, we'd love to hear about it.

Contact Us



Call the Home

Call the home directly from the app.



Message the Home

Send a short message direct to the home from the app.



Contact Accounts

If you have account or billing queries you can find out where to call or email to seek assistance.



Meet the Team

Information to help you better understand the different roles in the home.







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Head to Health

Overview of features ...Continued

Support Resources



MyAgedCare



Services Australia





Carers Gateway



Beyond Blue



OPAN (Older Persons Advocacy Network)



Head to Health



Dementia Australia



Palliative Care Australia

Menu features

You can view and modify your stored profile details via the menu icon and selecting 'My Details'. The following options are available:

Modify Photo

This feature enables you to upload or change your photo.

My Gallery

You can upload any pictures you wish to share with your family and friends. They will see these pictures when they are in the app.



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Notifications

If you are having any problems receiving calls / notifications when using the app, please check the app settings on your phone or tablet.

ANDROID	APPLE
1. Go to Settings	1. Go to Settings
2. Select 'Apps'	2. Scroll down to 'Estia Health Connect'
••• Apps Default apps, App permissions	Estia Estia Health Connect
3. Scroll down to 'Estia Health Connect'	3. Check Access
	ALLOW ESTIA HEALTH CONNECT TO ACCESS
Estia Health Connect Health Commer 83.10 MB	Siri & Search >
	Banners, Sounds, Badges
App settings	Background App Refresh
Notifications Allowed	Mobile Data
	4. Check 'Notifications' and check allowed
Permissions Camera, Contacts, Microphone and Storage	Allow Notifications
Set as default None set as default	

Enriching and celebrating life together

If you would like more detail about the app, please visit <u>estiahealth.com.au/connect</u>